

Press release for immediate release

Personalised patient follow-up during oral anticancer treatment

The Department of Hematology at the Jules Bordet Institute is winner of the Patient CEntricity Award from the Belgian Hematology Society

Brussels, the 7th of February - **This Saturday, 3 February, the Jules Bordet Institute was awarded a grant of 10,000 euros from the Belgian Hematology Society for its project for multidisciplinary consultation in hematology. A consultation that provides a specific and personalised follow-up for patients undergoing orally administered treatment against cancer. This project highlights the importance of follow-up adapted to the patient and his or her particular course of treatment during oral therapy.**

Treatments – and oral treatments in particular – are fast developing. These new forms of therapy give cause to reflect on patient support, given that the medicine is taken independently at home. In this context, regular and adapted patient follow-up and monitoring are essential.

The project presented by Zilfi Balci, the coordinating nurse in oncological care, is a part of this development in initiating nursing consultations in tandem with the pharmacist to ensure good practice in monitoring the oral administration of medicine. On one hand, the pharmacist informs on side effects and interactions with other medicines, while on the other hand the coordinating nursing teams in hematology provide effective control of proper administration of the medicine, follow-up of any side effects and ongoing support.

This project is part of a multidisciplinary vision of patient support: the medical team in hematology, the geriatrist, the neuropsychologist, the coordinating nurse and the pharmacist together ensure that the treatment is being properly followed, each within his or her key role in the care path.

The grant of 10,000 euros from the BHS will make it possible to train coordinators and to develop expertise in the follow-up of oral therapies. It will also finance the equipment required for effective patient follow-up. In short, this team work will make it possible to

detect side effects more quickly and to better control interactions with other medicines or poor medicine administration. Patients will be able to go directly to their nurse in case of doubt or if they become discouraged. It thus offers genuine reassurance for the patients.

Enclosed: a picture of Zilfi Balci and Sophie Delaunois, coordinating nurses and a picture of the PACE Award with Zilfi Balci.

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About the Jules Bordet Institute

An integrated multidisciplinary centre, unique in Belgium, the Jules Bordet Institute is an autonomous hospital devoted exclusively to cancer.

For more than 75 years, the Jules Bordet Institute has been providing its patients with diagnostic and therapeutic strategies at the forefront of progress to prevent, detect and actively combat cancer. The Institute pursues three missions: care, research and teaching. Its international reputation attracts the world's leading cancer experts. Its spirit of innovation has enabled it to participate in the development and discovery of major new methods of diagnosis and treatment with the aim of bringing the findings to the patient as rapidly as possible.

In May 2013, the Jules Bordet Institute received official accreditation and designation from the OECI (Organisation of European Cancer Institutes) as a "Comprehensive Cancer Centre", a quality label reserved for multidisciplinary cancer care institutions whose activities include research and teaching. This is a first for Belgium.

The Jules Bordet Institute is a member of the Iris and Université Libre de Bruxelles hospital networks. With its 160 beds dedicated exclusively to cancer patients, every year the Institute treats more than 6,000 in-patients, 12,000 out-patients and provides 75,000 consultations. To effectively meet future demographic and scientific developments, the Institute is planning to build a new Institut Bordet on the ULB university campus in Anderlecht, next to the Erasmus Hospital. Inauguration is planned for 2018.

- Jules Bordet Institute website: www.bordet.be
- To consult the Jules Bordet Institute presentation brochure, go to: <http://www.bordet.be/fr/presentation/brochure/index.html>
- To view the Jules Bordet Institute presentation video, go to: <http://www.bordet.be/fr/presentation/organigr/textes/bordet.htm>

About the Friends of the Bordet Institute

The Friends of the Jules Bordet Institute is a non-profit-making organisation with the sole aim of supporting and financing research at the Jules Bordet Institute, a cancer centre that is a reference in Belgium and abroad. As the largest private donor to the Bordet Institute, "The Friends" have donated almost 12 million euros in the past five years.

Considerable progress has been made in the field of oncology in recent years. Our understanding of the biological origin of cancer is growing all the time. Whereas 10 years ago we spoke of the microscopic analysis of tumours, today we speak of genetic profile, of sequencing, etc. Dozens of new molecules and markers have been developed, permitting the advent of personalised treatment. This progress has to a large extent been made possible through the extraordinary technological progress of recent years. But these new techniques that now enable us to probe the infinitesimally small are increasingly expensive.

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Jules Bordet Instituut, Ziekenhuisvereniging van Brussel onderworpen aan de wet van 8 juli 1976



For more than 40 years, the help of the "Friends" has enabled the Jules Bordet Institute to pursue its research using the most advanced technologies, thereby providing patients with the most innovative screening and treatment techniques. Techniques that generate life and hope.

By helping and supporting "The Friends of the Bordet Institute" you are participating in the many research programmes that they support and that all pursue a single aim: victory for life.

To find out more about the association The Friends of the Jules Bordet Institute, go to the website www.amis-bordet.be

To find out more about the "101 tables pour la vie", go to the website www.101tables.com