



SYMPOSIUM OF PSYCHO-ONCOLOGY

FRIDAY, OCTOBER 14, 2022

PROGRAM



- | | |
|-------------|---|
| 9.15-9.30 | Welcome & Introduction |
| | <ul style="list-style-type: none">Isabelle Merckaert, ULB & Institut Jules Bordet |
| 9.30-10.30 | Living with cancer: positive mental health and meaning making |
| | <ul style="list-style-type: none">Karen Holtmaat, V.U. Amsterdam |
| 10.30-10.45 | Discussion |
| 10.45-11.00 | BREAK |
| 11.00-12.00 | Meaning-centered group psychotherapy: cultural adaptation, scientific evidence and implementation |
| | <ul style="list-style-type: none">Karen Holtmaat, V.U. Amsterdam |
| 12.00-12.15 | Discussion |
| 12.15-13.15 | LUNCH |
| 13.15-14.15 | Meaning-centered group psychotherapy: a glimpse of the intervention protocol |
| | <ul style="list-style-type: none">Karen Holtmaat, V.U. Amsterdam |
| 14.15-14.30 | Discussion |
| 14.30 | CLOSING |





SYMPOSIUM OF PSYCHO-ONCOLOGY

SATURDAY, OCTOBER 15, 2022

PROGRAM



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|-------------|---|
| 9.15-9.30 | Welcome |
| | <ul style="list-style-type: none">• Isabelle Merckaert, ULB & Institut Jules Bordet |
| 9.30-10.15 | CALM introduction (theory, domains, psychotherapeutic concepts & scientific evidence) |
| | <ul style="list-style-type: none">• Emma Hafkamp |
| 10.15-10.30 | Discussion |
| 10.30-10.45 | CALM case study |
| 10.45-11.00 | Discussion |
| 11.00-11.15 | BREAK |
| 11.15-11.45 | Personal reflection and group discussion about death anxiety and the sense of meaning and purpose |
| 11.45-12.00 | Discussion |
| 12.00-12.15 | CLOSING |

We would like to thank the SPF Santé Publique for its support!





OUR EXPERTS

Karen Holtmaat



Ph.D., Vrije Universiteit Amsterdam, Faculty of Behavioural and Movement Sciences, Department of Clinical, Neuro-and Developmental Psychology, Mental Health Assistant Professor.

Amsterdam UMC, Cancer Center Amsterdam, Treatment and Quality of life.

Emma Hafkamp



MSc., Clinical psychologist (GZ-psycholoog), EMDR therapist, yoga therapist, trainer & coach.





Address:

ULB, Solbosch : avenue Antoine Depage, 30, 1050 Bruxelles, Building D, DC2-206 (ground floor)





Possibility to follow the Symposium on zoom:

<https://us06web.zoom.us/j/82604080730?pwd=TG9rSXJpUTlVekNjNXRDdG43YjE2QT09>

ID de réunion : 826 0408 0730

Code secret : 236278

