

Non metastatic prostate cancer resistant to castration : diagnostic and therapeutic



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Disclosures

- **Advisory Board , Consulting**
 - IPSEN, BMS, ROCHE, MSD, PFIZER, NOVARTIS, EUSAPHARMA
 - JANSSEN CILAG, ASTELLAS, AMGEN, SANOFI
- **Honoraria : Speaker**
 - SANOFI, BAYER

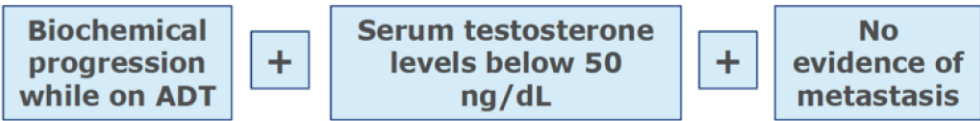
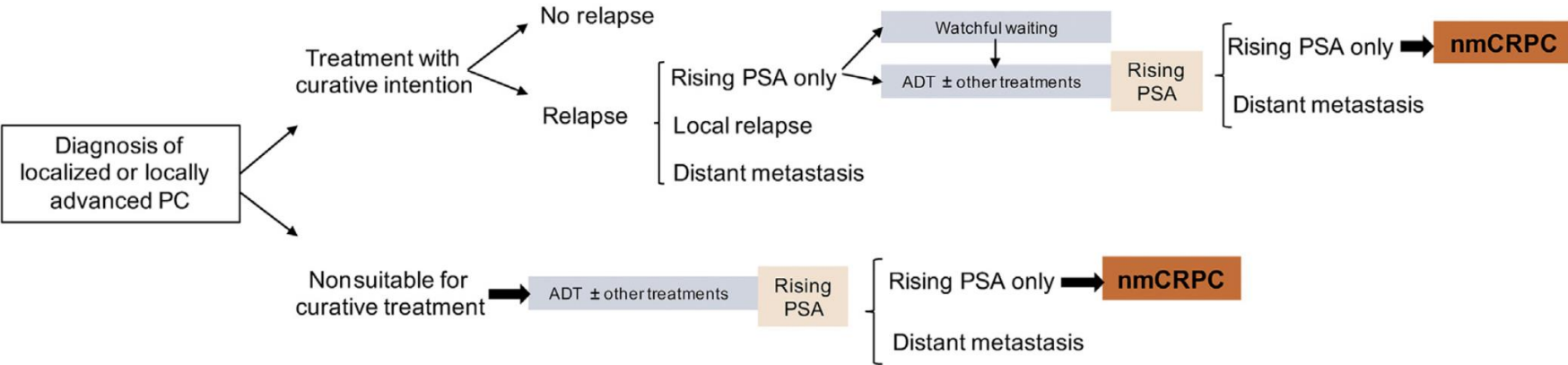
Outline : nmCRPC

1. Definition : What are we talking about ?
2. Who needs a treatment ?
3. How to treat patients ?
4. Remaining questions: Metabolic imaging

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Definition :



On conventional Imaging
 CT scan
 Bone Scan

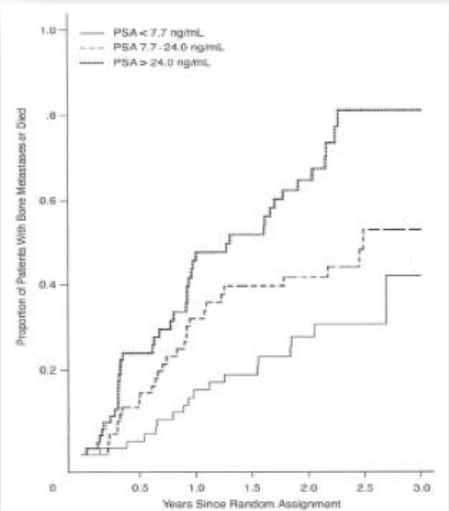
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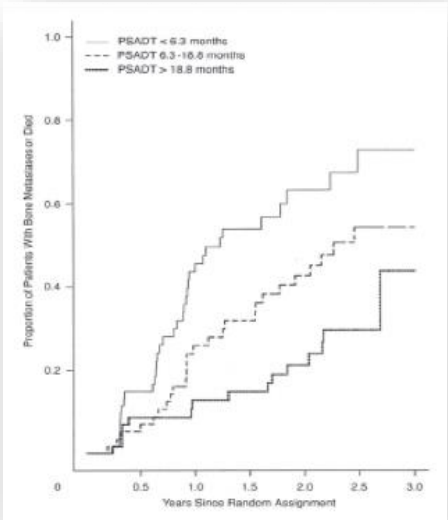
Prognostic factors : PSA level and doubling time

- Men (N=201) with non-metastatic prostate cancer and rising PSA despite ADT were followed for 48 months to assess development of metastatic disease and survival

Time to bone metastases or death by PSA level

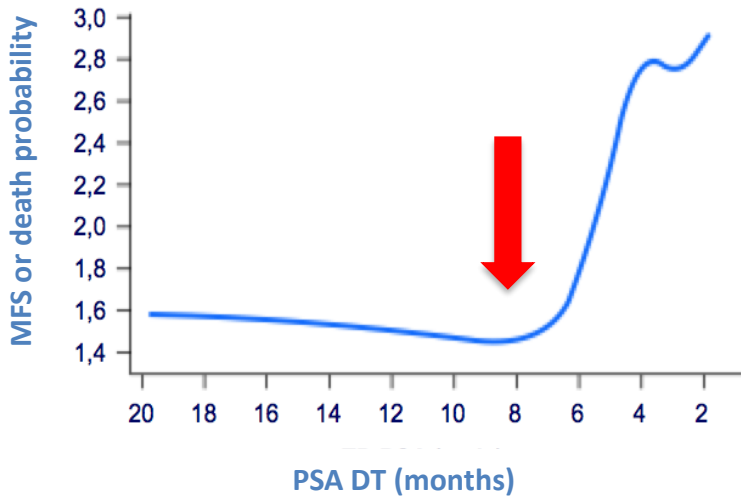
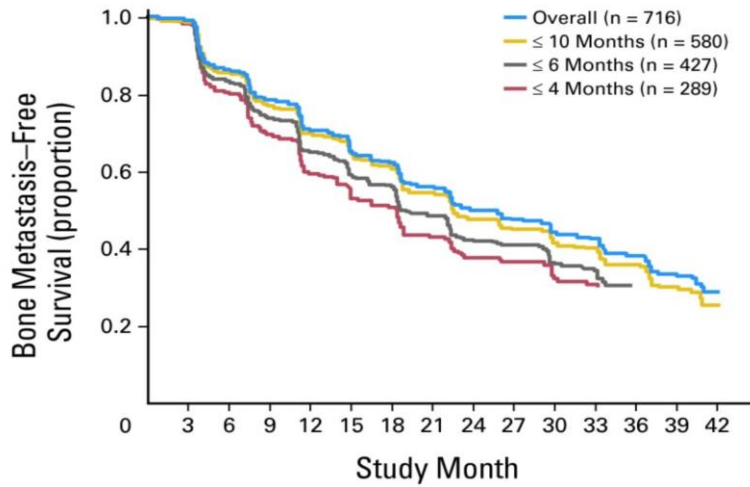


Time to bone metastases or death by PSA Doubling Time (PSADT)



MFS

More recent trials : PSA DT in placebo arm

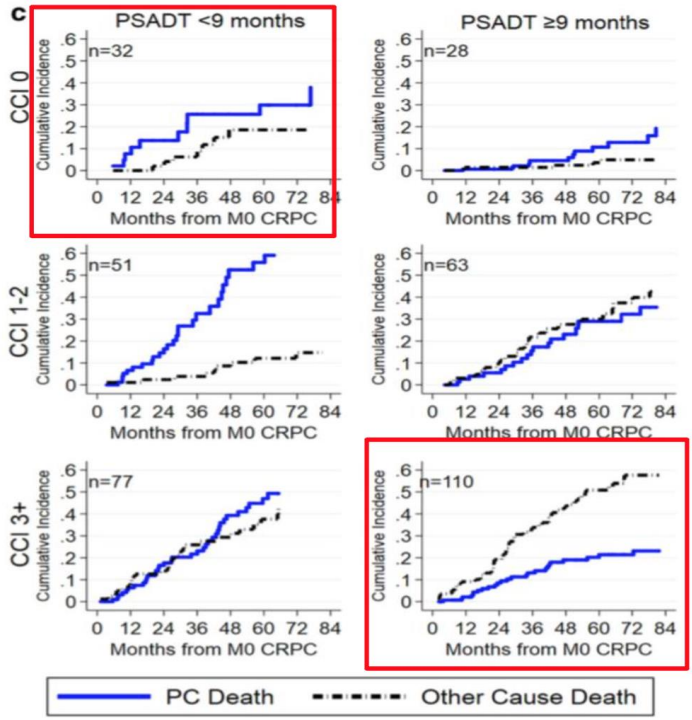
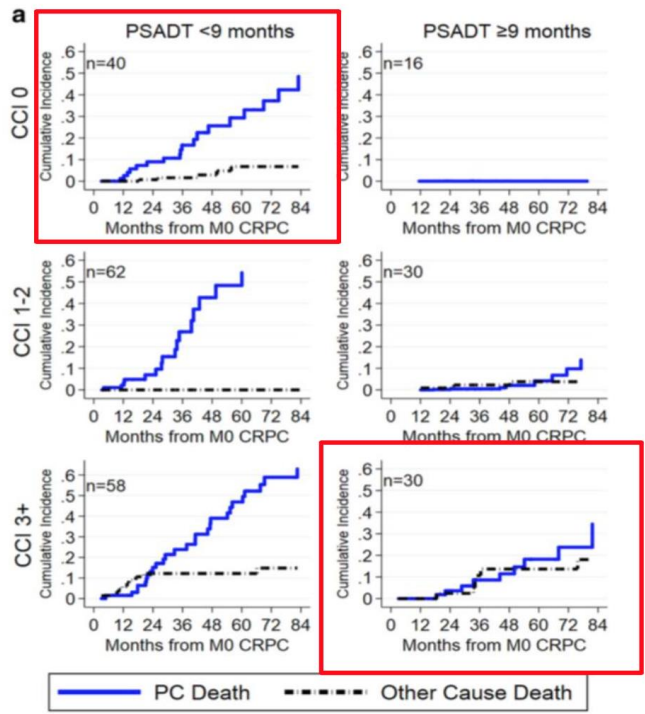


High risk nmCRPC
PSA doubling time (DT) < 8 or 10 months
PSA > 2ng/mL

Other key factors: Age, comorbidities

Age <70 Years

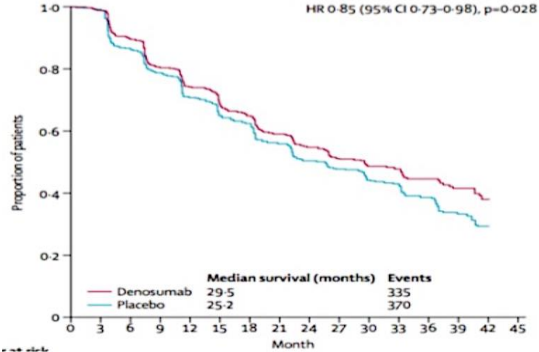
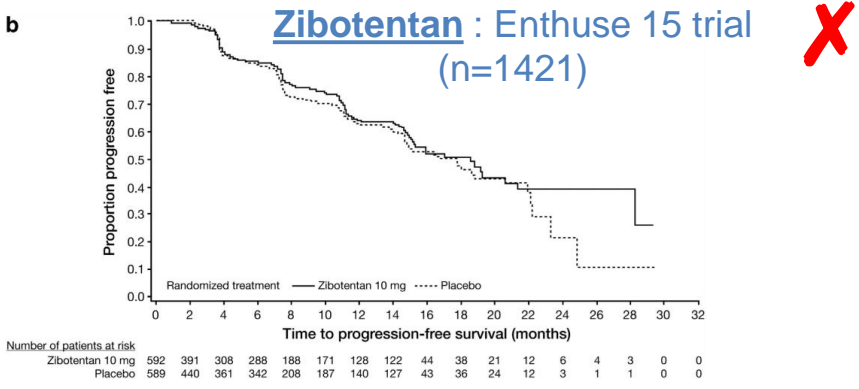
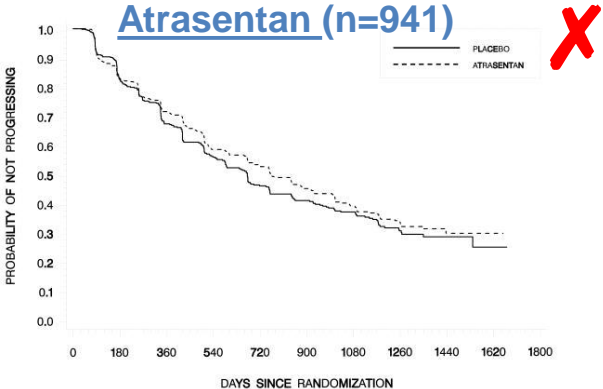
Age >80 Years



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Previous Phase III trials in nmCRPC



Denosumab (n=1432)

B-MFS : HR= 0.85 ; 4.2 months improvement ✓

OS : HR 1.1, 95% CI 0.85-1.20, p=0.91 X

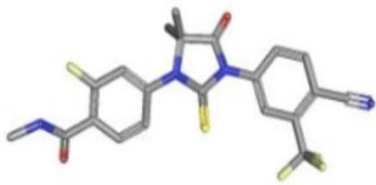
Miller K, Prostate Cancer Prostatic Dis 2013; 16: 187-92 ; Nelson JB, Cancer 2008; 113:2 478-87 ; Smith MR, Lancet 2012; 379: 39-46

Next generation AR targeted agents in nmCRPC

SPARTAN¹

n= 1207

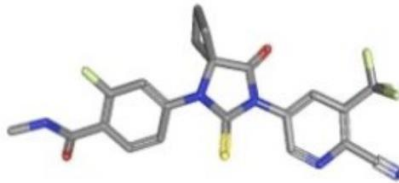
Apalutamide
240 mg/day + ADT



PROSPER²

n = 1401

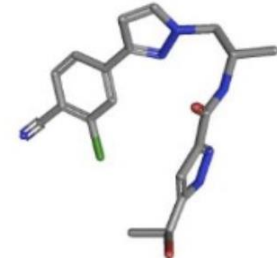
Enzalutamide
160 mg/day + ADT



ARAMIS³

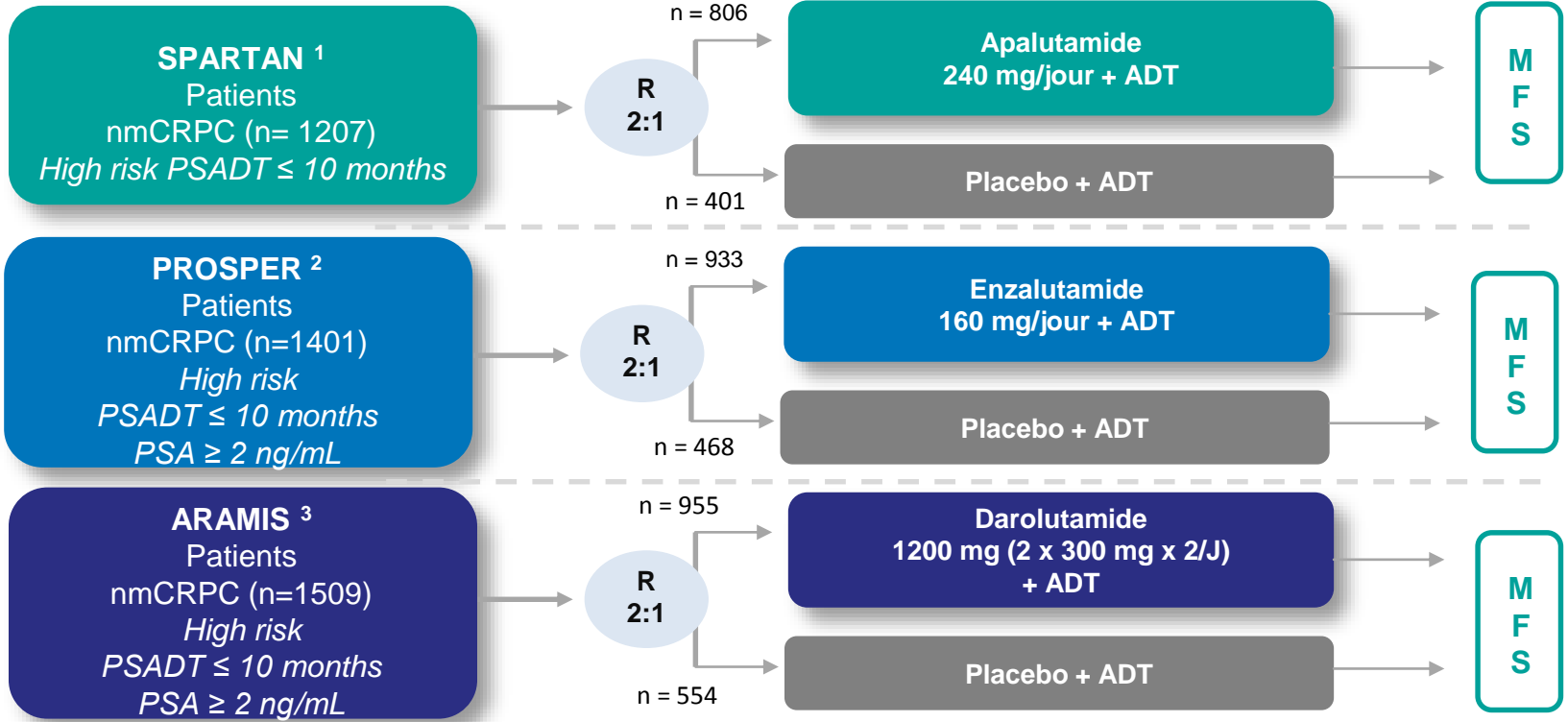
n=1509

Darolutamide
1200 mg (600 mg x 2/D) +
ADT



1. Smith MR, et al. Apalutamide treatment and metastasis-free survival in prostate cancer. *N Engl J Med.* 2018;378(15):1408-18.
2. Hussain M, et al. Enzalutamide in Men with Non metastatic, Castration-Resistant Prostate Cancer. *N Engl J Med.* 2018 Jun 28;378(26):2465-2474.
3. Fizazi K, et al. Darolutamide in Nonmetastatic Castration-Resistant Prostate Cancer. [N Engl J Med.](https://doi.org/10.1056/NEJMoa1815671) 2019 Feb 14. doi: 10.1056/NEJMoa1815671. [Epub ahead of print]

Phase 3R trials : Design + Endpoints

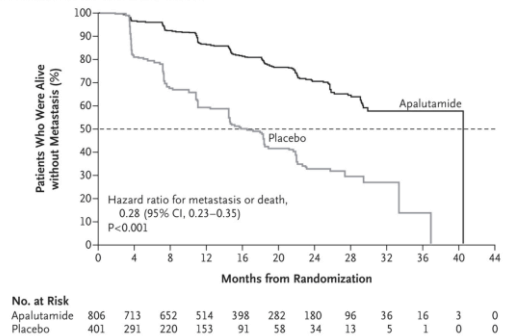


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- Fizazi K, et al. Darolutamide in Nonmetastatic Castration-Resistant Prostate Cancer. N Engl J Med. 2019 Feb 14. doi: 10.1056/NEJMoa1815671. [Epub ahead of print]

Primary Endpoint : MFS

SPARTAN

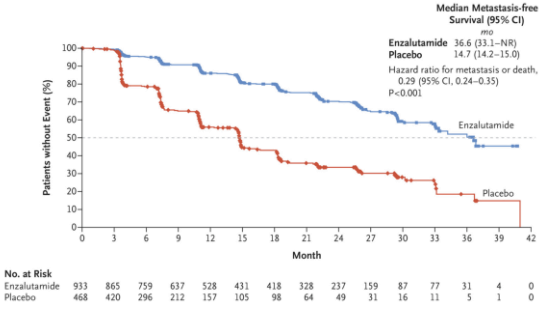
A Kaplan-Meier Estimates of Metastasis-free Survival



72% median MFS :
 APA 40,5 vs PBO 16,2 months
 MFS gain: **24,3 months**

Smith MR et al. N Engl J Med 2018;378(15):1408-1418

PROSPER

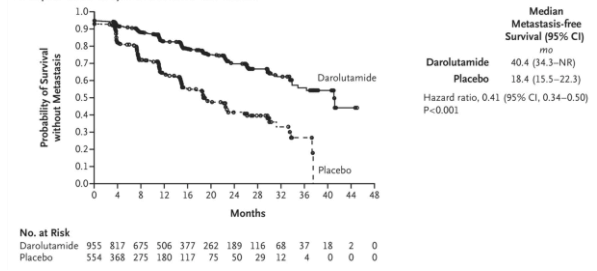


71% median MFS :
 ENZA 36,6 vs PBO 14,7 months
 MFS gain: **21,9 months**

Hussain M et al. N Engl J Med 2018;378(26):2465-2474

ARAMIS

A Kaplan-Meier Analysis of Metastasis-free Survival

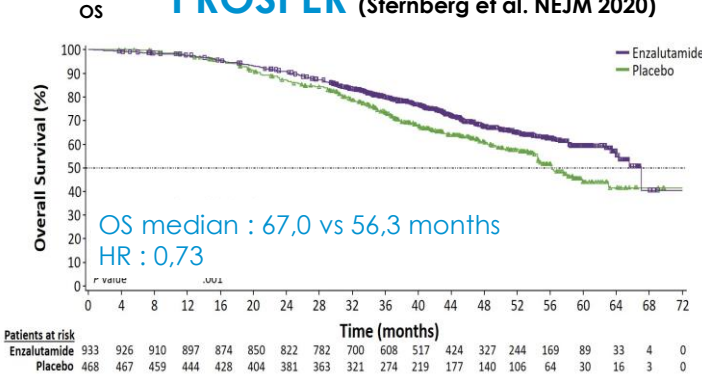


59% median MFS :
 DARO 40,4 vs PBO 18,4 months
 MFS gain: **22 months**

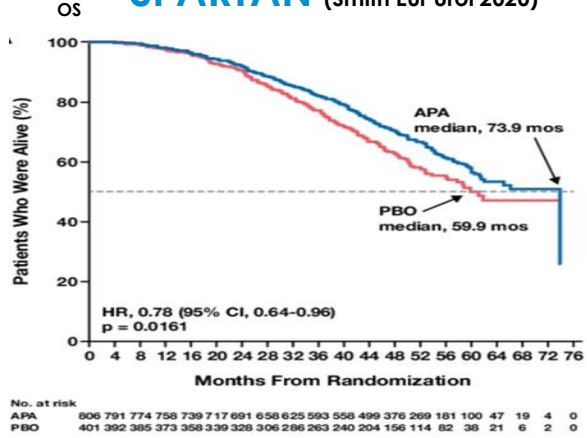
Fizazi K et al. N Engl J Med 2019;380(13):1235-1246

Overall Survival

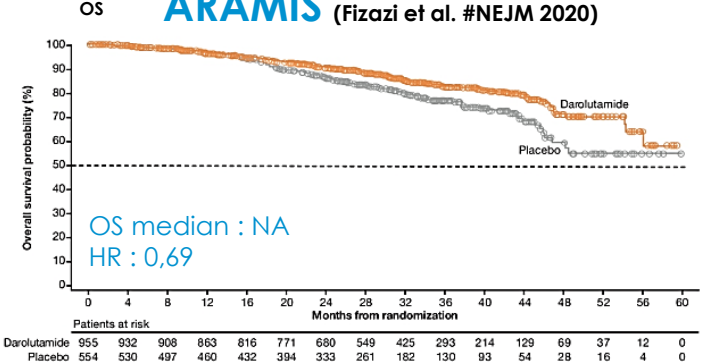
PROSPER (Sternberg et al. NEJM 2020)



SPARTAN (Smith Eur Urol 2020)



ARAMIS (Fizazi et al. #NEJM 2020)



Adverse events : Toxicity profile



Adverse event	Apalutamide (SPARTAN)	Enzalutamide (PROSPER)	Darolutamide (ARAMIS)
	Tx vs PBO (%)	Tx vs PBO (%)	Tx vs PBO (%)
Grade 5 AE (death)	1.2 vs 0.3	3 vs 1	3.9 vs 3.2
Fatigue, any	30 vs 21	33 vs 14	12.1 vs 8.7
Fatigue, gr 3-4	0.9 vs 0.3	3 vs 1	0.4 vs 0.9
Asthenia	NR	9 vs 6	NR
HTN, any	24.8 vs 19	12 vs 5	6.6 vs 5.2
HTN, gr 3-4	14.3 vs 11.8	5 vs 2	3.1 vs 2.2
Falls, any	15.6 vs 9	11 vs 4	4,2 vs 4,7
Falls, gr 3-4	1.7 vs 0.8	1 vs 1	0,8 vs 0,9
Fracture, any	11.7 vs 6.5	Falls and fractures 17 vs 8	4,2 vs 3,6
Fracture, gr 3-4	2.7 vs 0.8		0,9 vs 0,9

Smith MR, et al. Apalutamide treatment and metastasis-free survival in prostate cancer. *N Engl J Med.* 2018;378(15):1408-18.

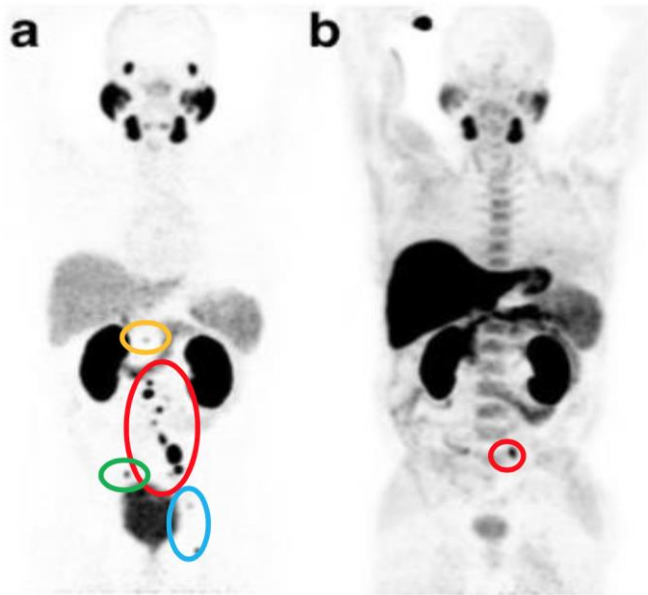
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Metabolic Imaging



^{68}Ga -PSMA

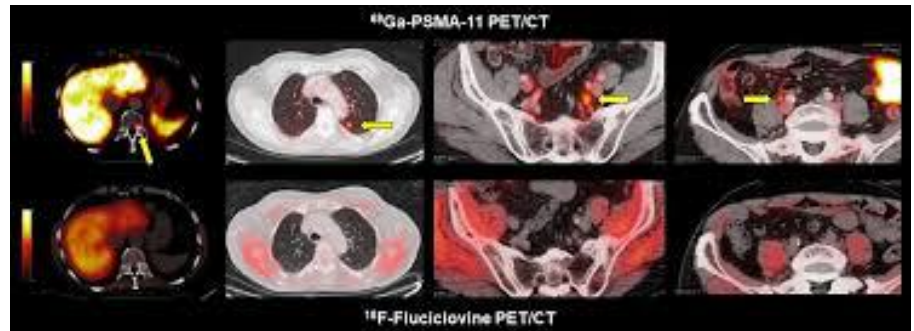
^{18}F -Choline

PET-($^{11}\text{C}/^{18}\text{F}$)Choline

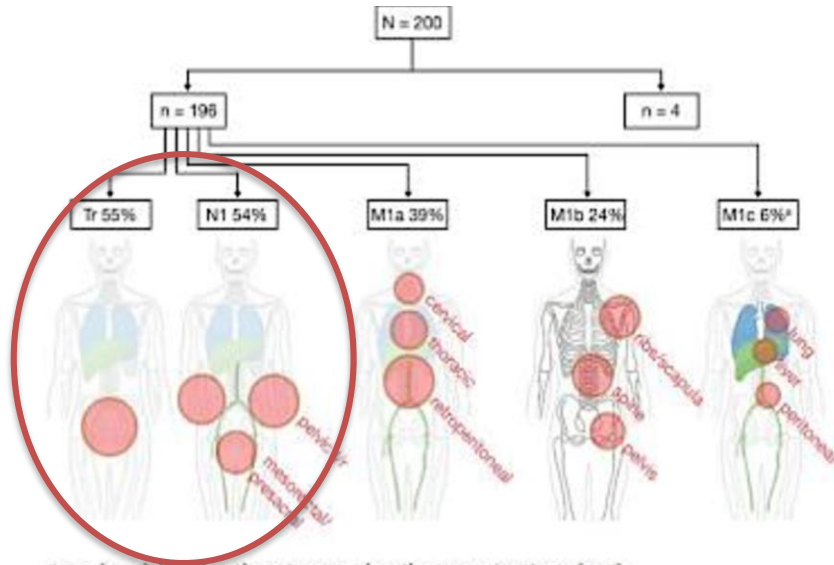
- >> Conventional imaging
- Limited sensitivity for low PSA level

PET- ^{68}Ga PSMA :

Biochemical relapse
CPRC M0??



nmCRPC : localized or locally advanced disease



*Lung (n = 4), liver (n = 5), peritoneum (n = 4), connective tissue (n = 1).
The size of the red circles is proportional to lesion prevalence.

25% Local progression

25% Locally advanced (N+)

- N=200 pts
- Spartan inclusion criteria
- PSA DT<10 months
- Conventional Imaging
- **PET Choline : 98% positivity**
- **55% poly-metastatic**

**Treatment of the primary
+/- pelvis**

Toward a new classification ??

Diagnosis

CT, bone scan

PET PSMA
Whole body MRI
PSA > 0.5ng/mL

CT, Bone scan
PSA >10 ng/mL

M0

M0.1 / 0.5

M1

Treatment

Systemic Tx
ENZ/APA/DARO

Systemic Tx
+/- local Tx

Systemic Tx
+/- local Tx M+

Systemic Tx
ENZ/AA
DOC/CAB/OLA
RADIUM/...

Remaining questions

- **How should we monitor these patients**
 - Baseline imaging, every 3-6 months, at PSA progression
- **When should we change treatment**
 - PSA alone, radiological/clinical progression?
- **Intermittent use of second generation HT ?**

Conclusion : nmCRPC

- **Quite rare situation**
- **Even rarer if next generation imaging is used**
- **Three agents: Apa -, Enza-, Darolutamide**
 - Clear and meaningful improvement of MFS and OS
 - Acceptable toxicity, some issues though (fall, fractures, CV)
 - Cost
- **New strategies should be assessed**
 - Treatment of oligometastatic disease
 - Intermittent use of AR targeted agents
 - Monitoring strategies

Thanks for your attention

Urologie

Hervé Lang
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Stefan Jeglinski
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Radiologie

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Radiothérapie

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