

SYMPOSIUM OF PSYCHO-ONCOLOGY

Trauma, Growth, Positive Psychotherapy, and Stepped Digital Psychosocial Treatments in the Continuum Cancer Care Journey

Friday, March 28

- 08h30 - 08h40 **Introduction**
Prof. Isabelle Merckaert (Université libre de Bruxelles, H.U.B, Institut Jules Bordet)
- 08h40 - 10h40 **Trauma and Growth Cancer**
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 10h40 - 11h00 **Coffee break**
- 11h00 - 12h30 **Positive Psychotherapy in Cancer (PPC)**
Part 1 - Definition and program
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 12h30 - 13h10 **Lunch break**
- 13h10 - 14h40 **Positive Psychotherapy in Cancer (PPC)**
Part 2 - Evidence related with Positive Functioning Impact in Cancer
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 14h40 - 15h00 **Coffee break**
- 15h00 - 17h00 **Positive Psychotherapy in Cancer (PPC)**
*Part 3 - Exploring main Psychotherapeutic Focus and Techniques/
Interventions in PPC*
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)

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Saturday, March 29

- 08h30 - 08h40 **Introduction**
Prof. Isabelle Merckaert (Université libre de Bruxelles, H.U.B, Institut Jules Bordet)
- 08h40 - 09h40 **Positive Psychotherapy in Cancer (PPC)**
Part 4 - Evidence-Based Clinical trials of Positive Psychotherapy in Cancer
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 09h40 - 10h40 **Stepped and Personalized Digital Psychosocial Treatments in the Continuum
Care Cancer Journey (Part 1)**
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 10h40 - 11h00 **Coffee break**
- 11h00 - 12h00 **Stepped and Personalized Digital Psychosocial Treatments in the Continuum
Care Cancer Journey (Part 2)**
Prof. Cristian Ochoa Arnedo (University of Barcelona, Catalan Institute of Oncology)
- 12h00 - 13h00 **Prévention du Trauma Vicariant et de la Fatigue de Compassion chez les
Soignants**
Prof. Pascale Brillon (Université du Québec à Montréal, Institut Alpha)
- 13h00 - 13h30 **Closing**
Prof. Isabelle Merckaert (Université libre de Bruxelles, H.U.B, Institut Jules Bordet)